

Make Infant Feeding more welcoming for LGBT+ Families

with Gabi Parkham

Setting the Space

What's in a Word?

LGBT+

What's in a Word?

Sex

1. Chromosomes
2. Genitals
3. Reproductive Organs
4. Hormones
5. Secondary Sex Characteristics

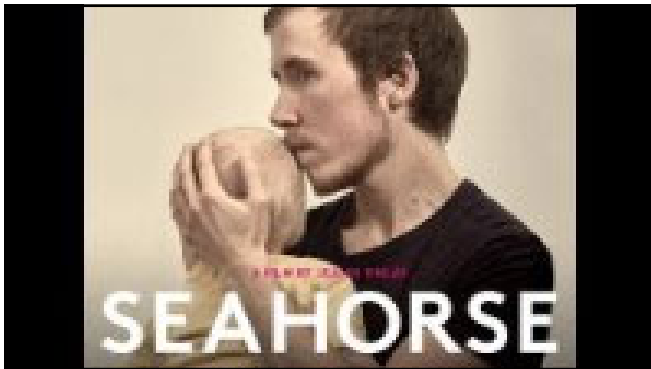
What's in a Word?

Gender

1. Gender Identity
2. Gender Expression
3. Perceived Gender

What's in a Word?

Lesbian	Non-Binary
Gay	Queer
Bisexual (Bi)	Questioning
Pansexual	Intersex
Transgender (Trans)	AFAB/AMAB
	Cisgender (Cis)



Group Discussion

Introduce yourself (try sharing your pronouns)

What kind of language could you use to make your work more welcoming to LGBT+ people?

Inclusive Language

- Mother/ Parent/ Birthing Person
- Breastfeeding/ Chestfeeding/ Bodyfeeding
- Nursing/ Lactating

- One to one
- “How are you planning to feed your child?”
- Speak as if we’re always in the room
- Marketing

Inclusive Language

Assumptions – Language – Delivery

Education – Practice – Marketing

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