

# Infant Feeding Coach Program

January 2024 Cohort Schedule

Your book review must be complete by 28th March, ahead of the book review session

★ Workbook Submission Deadlines

|                | DATE                       | TIME   | EVENT           | LESSON  |
|----------------|----------------------------|--|-----------------|---|
| <b>Week 1</b>  | <b>Thursday 11th Jan</b>   | <b>Before Birth Module Release</b>           |                 |   |
| Week 1         | Thursday 11th Jan          | 7.30pm (GMT)                                 | Live Group Zoom | Orientation 'Becoming an IFC'   |
| Week 2         | Thursday 18th Jan          | 7.30pm (GMT)                                 | Live Group Zoom | LGBTQIA+ Inclusive Care with Gabi Parkham   |
| Week 3         | Thursday 25th Jan          | 7.30pm (GMT)                                 | Live Group Zoom | Before Birth - BFI with Louise Armstrong  |
| Week 4         | Thursday 1st Feb           | 7.30pm (GMT)                                 | Live Group Zoom | Before Birth  |
| <b>Week 5</b>  | <b>Thursday 8th Feb</b>    | <b>Newborn Nurslings Module Release</b> ★    |                 |   |
| Week 5         | Thursday 8th Feb           | 7.30pm (GMT)                                 | Live Group Zoom | Newborn Nurslings   |
| Week 6         | Thursday 15th Feb          | NO LIVE SESSION (HALF TERM)                  |                 |   |
| Week 7         | Thursday 22nd Feb          | 7.30pm (GMT)                                 | Live Group Zoom | Newborn Nurslings   |
| Week 8         | Thursday 29th Feb          | 7.30pm (GMT)                                 | Live Group Zoom | Newborn Nurslings with Olivia Hinge IBCLC   |
| <b>Week 9</b>  | <b>Thursday 7th March</b>  | <b>The Fourth Trimester Module Release</b> ★ |                 |   |
| Week 10        | Thursday 14th March        | 7.30pm (GMT)                                 | Live Group Zoom | The Fourth Trimester  |
| Week 11        | Thursday 21st March        | 7.30pm (GMT)                                 | Live Group Zoom | The Fourth Trimester  |
| Week 12        | Thursday 28th March        | 7.30pm (GMT)                                 | Live Group Zoom | Book Review  |
| Week 13        | Thursday 4th April         | NO LIVE SESSION (EASTER HOLIDAY) ★           |                 |   |
| Week 14        | Thursday 11th April        | NO LIVE SESSION                              |                 |   |
| <b>Week 14</b> | <b>Thursday 11th April</b> | <b>Bountiful Business Module Release</b>     |                 |   |
| Week 15        | Thursday 18th April        | 7.30pm (GMT)                                 | Live Group Zoom | Bountiful Business  |
| Week 16        | Thursday 25th April        | 7.30pm (GMT)                                 | Live Group Zoom | Bountiful Business  |
| Week 17        | Thursday 2nd May           | 7.30pm (GMT)                                 | Live Group Zoom | Course Completion   |

## MENTORING/SUPERVISION AND Q&A SESSIONS

Attendance at the mentoring sessions is mandatory until course completion on 2nd May

**All sessions are from 1pm to 2pm (GMT)**

- Monday 22nd January '24
- Monday 18th March '24
- Monday 13th May '24
- Monday 19th February '24
- Monday 15th April '24
- Monday 17th June '24

Further dates for 2024 will be available in the IFA Hub