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| **REFLECTIVE ACCOUNTS – INFANT FEEDING CPD ACTIVITY REFLECTIONS** |
| To ensure an ongoing process of reflection, planning, action and evaluation you are required to keep a portfolio containing **5 infant feeding case studies/observations**and **5** **infant feeding activity reflections** a year.    In this document you will find 5 Infant Feeding CPD Activity Reflections to complete, these will be required along with the Infant Feeding Case Study and Infant Support Record, which are located in a separate document in the Bountiful Business module.    Please ensure you do not include any information that might identify a specific patient, service user, colleague or other individuals. |

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| 1. **Infant Feeding CPD Activity Reflection:** |
| What was the nature of the CPD activity and/or practice-related feedback and/or event or experience in your practice? |
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| How did you change or improve your practice as a result? |
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